



LivingOptimally

Expat Leisure & Resorts





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Compared to even a decade ago, you would have to agree that our lives have undoubtedly changed. On the one hand, the spread of information, technology and globalisation have brought in many opportunities to modern life.

While on the other, rapid urbanisation, longer commutes, an increasingly difficult time juggling family & career, insufficient rest, heavy pollution, and lack of regular exercise have brought in new pressures.

What individuals and families need is a place to recoup their energy, rejuvenate their minds and refresh their spirits; a complete wellness zone that allows them to live life to its fullest.

Expat Leisure and Resorts (ELR) is here to serve that need with facilities, services, and events centered on the all round development and healthy living of both individuals and families. We call it "Healthertainment", the way of Living Optimally.

Beginning in late 2008 with XLR8 - India's first world class Indoor Sports Arena, ELR today brings this vision to life across four strategic areas - Resorts, Sports Arenas, Clubs and Events.

ELR is part of the Expat Group, a Group which in 1994 successfully pioneered a Relationship-based model in Real Estate, and since then extended to investments in land & developed property, construction & contracting, mining, leisure & resorts, media, turnkey projects and management consultancy.



Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity " - **John F. Kennedy**



XLR8 - COME PLAY

Imagine a unique zone that successfully merges your passion for outdoor sport with the pace, exhilaration and flexibility of an indoor format; a place that offers you a perfect combination of health, fitness and entertainment not restricted by age, gender or skill levels.

That's XLR8, South-Asia's first **HEALTHERTAINMENT** Centre – your floodlit, all-weather ready, hi-tech sports facility; complete with five world-class indoor courts and interiors, modern changing rooms, rehydration/refreshment points, a viewing gallery and a variety of sports goods on sale.

What's more, at XLR8 you also get professional assistance and coaching, and are a part of exciting and innovative events like the Corporate Olympics, 5-a-side Football tournaments, etc. Which is why the venue has steadily grown in popularity since its inception in 2008. Plans are being finalised to extend this concept to multiple cities in India.

Where is it located?

Away from city stress yet just a short drive away, XLR8 is nestled in greenery, peace and quiet on the Hennur Bagalur Main Road, right next to Southern Asia Bible College.

You can always drop by your fitness oasis weekends & weekdays knowing it's only 5.25 km from Hennur Bus Stand (Hennur-Ring Road Junction), approx. 6 km from Kammanahalli, 9 km from Cox Town and 15 km from MG Road.

What's in it for you?

A lot really. Whether you opt for an individual, family or corporate membership, you get a one of a kind sport experience, unavailable anywhere in India, a complete experience that includes:

Choice of Sports: Cricket, Hockey, Soccer, Volleyball, Netball, Badminton, Table Tennis, Basketball, Squash, Mini-Golf.

Training & Coaching: Cricket, Football and Basketball.

Special Events: Summer Camps, Tournaments – Hi-5 Football, Corporate Olympics, Challenger's Cup, GenX, Passion Cup, Unity Cup, Indoor Cricket League, Tri-Nation Cup, and others.



Look to your health; and if you have it, praise God and value it next to conscience." - **Izaak Walton**

www.xlr8india.com



BALANCE
THE CLUB
Life's equilibrium restorer

BALANCE-THE CLUB

BALANCE - THE CLUB

Life's Equilibrium Restorer

Life is a continuous balancing act. How do you cope? Whether we realise it or not, we develop effective or ineffective ways to achieve this elusive aspect. Like even the most advanced cars, we need regular 'wheel alignment' to avoid the wear and tear of the journey.

Balance is the art of keeping body, mind and spirit in harmony. And being able to do this on our own or together as a family. Balance - the club is a holistic response to this pursuit with international, world class features and facilities that address each of these dimensions: body, mind and spirit.

Balance - the club is the ideal place for the family to relax and recharge on a regular basis. Every area is wholesome and positive, reflecting the values you cherish and enabling you to share them as a family.

Where is it located?

Balance - the club is located on Hennur Road, popular as 'signal-free' rapid route to Bengaluru International Airport.

Just 5.25 km from Hennur Bus Stand (Hennur-Ring Road Junction), approximately 6 km from Kammanahalli, 9 km from Cox Town and 15 km from MG Road.

You will be a short drive away from the most holistic and positive environment in which to spend that very precious family time. With so many diverse ways to enrich and enjoy each moment. All in one location.

What's in it for you?

Here's a club with something for you and everyone in the family. It's fully equipped with a host of amenities which include:

Swimming Pool | Flood-lit Tennis Courts | Basketball Courts | Badminton Courts | XLR8 (India's first World Cup-ready, 5 court, flood-lit, all-weather indoor sports arena) | Flood-lit Mini Golf Course | Amphitheatre | Gym | Spa | 100-seater Auditorium, Conference and Reception Hall | Butterfly Park | Inspiranium | Herbal Garden | Wi-fi library | Executive Suites | Restaurant | Café | Star-gazing Gallery | Greened, serene 4 acre campus.



Take care of your body with steadfast fidelity. The soul must see through these eyes alone, and if they are dim, the whole world is clouded." - Goethe

www.balance-theclub.com

LIFE'S EQUILIBRIUM RESTORER



RESORTS

RESORTS

Healthy Family Getaways

Think about what you really, really want for your family. A break from city life? Funfilled, planned vacations? Lots of greenery? A place to connect together and share precious memories? Something for every family member?

You'll find it all at ELR Resorts. For dads, it's something no amount of money can buy - quality time with the wife & kids - that's time to teach and play your favourite sports, time to just relax, take leisurely nature walks, enjoy family moments at the camp ground.

For moms it's a well deserved break in a fully-serviced weekend home, with an opportunity to pamper yourself at the clubhouse, and most importantly happy times with the entire family.

For kids, it's an absolute feast of fun, games, nature, time and space that they would never get back in the city. This is the holiday home they would keep asking to return to; a place where they can really connect and spend as much time as they want with Mummy and Papa.

Our flagship project, Expat Sparsh brings you a fully furnished, totally managed, self-contained getaway with an amazing list of extras - clubhouse, restaurant, swimming pool, commando obstacle course, cricket pitch, wood log camp ground, and much more.

ELR is planning similar projects in new locations; innovatively designed & attractively priced projects that offer what families really want - quality time together in unforgettable surroundings.



Rejoice with your family in the beautiful land of life!" - **Albert Einstein**



EVENTS

Events

Healthier Communities. Happier Communities

At the heart of Expat Leisure & Resorts is a burning desire to create, develop, and execute events that build communities; events that build, for communities, a commonwealth of wellness, harmony, and healthy living.

Following the success of several events at XLR8, ELR will use the experience and learnings here to organise individuals and groups into coordinated events, tournaments and leagues.

This will span amateur regional sports leagues to professionally run national and international events/sanctioned tournaments. The events will vary from informal locations to specific venues including our own facilities.

To achieve this, ELR will be working closely with a network of partners & sponsors. Together, with the shared objective of building stronger and healthier communities, we will jointly uncover and address unmet needs with innovative and unforgettable product and service offerings.

“Health is the thing that makes you feel that now is the best time of the year.” - **Franklin P. Adams**

The Expat Group

Right from its inception in 1994, Expat was conceived as a company with a unified theme, quite like a symphony, a new theme that once crystallised would resonate a personal, service-based model never before experienced in Real Estate.

Stated simply, we sought to eliminate the apprehensions and concerns associated with Property Investment and replace them with Transparency and Service. This in turn helped establish us swiftly in the arena of Real Estate.

Today, we have extended this pioneering 'Relationship-based' model successfully to other areas including investments in land & developed property, construction & contracting, mining, leisure & resorts, media, turnkey projects and management consultancy.

While we have come a long way since the early days, the one ingredient which remains unchanged has been the symphony of values that has helped us win the trust and build endearing relationships with clients across India and overseas.

Our Vision

Our heartbeat is to impact lives. The scale of our business means that we have the chance to lead and have a global impact, changing the lives of millions of people and living our vision.

Our Mission

At the core of the Expat brand has always been a very human and emotional sensibility as expressed in our 'Building Relationships' slogan. We believe connecting and feeling close to everything that matters to our clients is what makes for a long term and lasting relationship and that is our mission as a company, second to business.

Our Values

Integrity, Other centric, Perseverance, Stewardship, Work-Life balance

This is what we live by and what makes us a Group that has diversified into many businesses in different parts of the world; namely India, Dubai, Bahrain, Qatar, Kuwait, Oman, Ghana and The Philippines.



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